TVXC League: Detailed Results 'Metros 2016/2017' - 29th January 2017.

Results in bold contribute towards the team score.

Category: M = Male, F = Female, S = Senior, V = Vet, K = No Club Kit, G = Guest.

For up to date results please check the TVXC website

Pos	Time	Club	Runner	Cat	M Score	F Score
5	00:34:10	FC	Ollie Hill	MS	5	-
7	00:34:17	FC	Andy Stay	MV	7	-
9	00:34:37	FC	Enda Ward	MV	9	-
25	00:36:45	FC	Matt Yarnall	MV	24	-
32	00:37:51	FC	Simon Mercer	MV	31	-
56	00:39:07	FC	John Hammond	MV	52	-
74	00:40:33	FC	Carol Yarrow	FV	-	9
85	00:40:58	FC	Emily Craggs	FV	-	11
107	00:42:51	FC	Tom Johnson	MS	95	-
123	00:44:14	FC	Mandy McDonough	FV	-	17
167	00:47:22	FC	Rob Tuck	MV	134	-
181	00:49:32	FC	Paul Evans	MV	145	_
181	00:49:32	FC	Laura Shambrook	FV	-	37
215	00:52:44	FC	Alex Mercer	FS	-	55