

TVXC League: Detailed Results 'Handy Cross 2023/24' - 21st January 2024.

Results in bold contribute towards the team score.

Category: M = Male, F = Female, S = Senior, V = Vet, K = No Club Kit, G = Guest.

[For up to date results please check the TVXC website](#)

Pos	Time	Club	Runner	Cat	M Score	F Score
5	00:35:02	MAC	<b>Adam Bennett</b>	MS	4	-
9	00:36:09	MAC	<b>Craig West</b>	MV	8	-
11	00:36:16	MAC	<b>Tom O'Beirne</b>	MS	10	-
12	00:36:18	MAC	<b>Steve Francis</b>	MV	11	-
17	00:36:58	MAC	<b>Laurence Miles</b>	MV	16	-
22	00:38:10	MAC	<b>Alex Miller</b>	MV	21	-
24	00:38:28	MAC	<b>Abbie Jones</b>	FS	-	1
25	00:38:48	MAC	John-Paul Murphy	MV	23	-
27	00:39:06	MAC	Elliot Jones	MS	25	-
42	00:40:29	MAC	<b>Steph James</b>	FV	-	3
44	00:40:57	MAC	<b>Frances Sille</b>	FV	-	4
75	00:43:52	MAC	Greg Marsh	MV	66	-
83	00:44:37	MAC	Mark Smith	MV	74	-
87	00:44:50	MAC	Nick Sille	MV	78	-
91	00:45:20	MAC	Josh Pope	MS	82	-
92	00:45:26	MAC	Richard Davies	MV	83	-
98	00:45:56	MAC	Anthony Hall	MV	87	-
100	00:46:01	MAC	<b>Sarah Simms</b>	FV	-	9
104	00:46:20	MAC	Ed Dimmock	MV	92	-
119	00:47:29	MAC	Jonathan Oliver	MV	103	-
128	00:48:21	MAC	Graham Matthews	MV	109	-
130	00:48:27	MAC	Dennis Murphy	MV	111	-
134	00:48:43	MAC	Heather Smith	FV	-	16
138	00:48:54	MAC	Chris Ellis	MV	116	-
140	00:48:58	MAC	Cian Shaffrey	MV	117	-
148	00:49:24	MAC	Kate Wheeler	FV	-	21
149	00:49:26	MAC	Beryl Nyerere	FV	-	22
152	00:49:57	MAC	Paul Thomas	MV	125	-
157	00:50:04	MAC	Jonny Inglis	MS	129	-
158	00:50:10	MAC	Amanda Keen	FS	-	24
160	00:50:31	MAC	Rob Hawkins	MV	131	-
161	00:50:33	MAC	Caroline Shrimpton	FV	-	25
171	00:51:38	MAC	Clare Rowles	FV	-	29
187	00:52:48	MAC	Colin Broadbent	MV	148	-
189	00:53:04	MAC	Sam Warren	FV	-	36
195	00:53:18	MAC	Nicola Davies	FV	-	40
198	00:53:28	MAC	Sayeed Islam	MV	153	-
208	00:54:28	MAC	Chris Lewington	MV	159	-
209	00:54:29	MAC	Derek Philip-Xu	MV	160	-
214	00:54:47	MAC	Sarah Brown	FV	-	45
226	00:57:12	MAC	David Fitzgerald	MV	171	-
231	00:57:51	MAC	Peter Oldham	MV	174	-
232	00:57:52	MAC	Laura Frewin	FV	-	52
281	01:04:52	MAC	Marika Karavan	FV	-	77
293	01:10:22	MAC	Rosie Ellis	FV	-	86